

Annapurna Base Camp Trek

10 Days 9 Nights

Highlights of Annapurna Base Camp Trek

- Mountain Views: Annapurna I, Machhapuchhre (Fishtail), Annapurna South, Hiunchuli.
- Cultural Charm: Gurung villages like Chhomrong and Jhinu Danda.
- Natural Hot Springs: Relax at Jhinu Danda after days on the trail.
- Forest Trails: Walk through blooming rhododendron and oak forests.
- Base Camp Experience: Sleep under Annapurna's shadow at 4,130m.
- Local Cuisine: Enjoy authentic Nepali daal-bhat and warm tea houses.

ITINERARY

01 DAY	Hotel in Kathmandu	Arrival in Kathmandu (1,400m) Welcome to Nepal! Our team will greet you at Tribhuvan International Airport and transfer you to your hotel. Rest and prepare for the adventure ahead.
02 DAY	Hotel in Chhorumung	Fly to Pokhara (827m), drive to Matque & Hike to Chhomrong (2,170m) Start with a scenic 25-minute flight to Pokhara. Then drive to Matque and trek about 1 hour to reach Chhomrong—gateway to the Annapurna Sanctuary. Drive Duration: 2–3 hours Trek Distance: ~2 km Trek Duration: 1 hour
03 DAY	Tea House in Dovan	Trek to Dovan (2,580m) Descend stone staircases and cross the suspension bridge, then ascend through bamboo and rhododendron forests to reach the serene village of Dovan. Trek Distance: 10 km Trek Duration: 5–6 hours Sleeping Altitude: 2580m
04 DAY	Tea House in Deurali	Trek to Deurali (3,230m) Continue ascending through lush forest and narrow trails. You'll pass the mystical Hinku Cave en route to Deurali. Trek Distance: 7 km Trek Duration: 5–6 hours Sleeping Altitude: 3230m
05 DAY	Tea House in Annapurna B.C	Trek to Annapurna Base Camp via Machhapuchhre Base Camp (4,130m) Trek through alpine meadows and moraine to reach Machhapuchhre Base Camp (3,700m), then continue to the stunning Annapurna Base Camp. Marvel at the 360° Himalayan amphitheater. Trek Distance: 10 km

		Trek Duration: 4–5 hours Sleeping Altitude: 4130m
06 DAY	Tea House in Bamboo	Trek to Bamboo (2,310m) Retrace your steps, descending past Deurali and Dovan into lush forests to reach Bamboo village. Trek Distance: 16 km Trek Duration: 6–7 hours Sleeping Altitude: 2310m
07 DAY	Tea House in Jinu Danda	Trek to Jhinu Danda (1,780m) A gentle descent to the picturesque village of Jhinu Danda. Unwind in the natural hot springs by the riverside. Trek Distance: 10 km Trek Duration: 5–6 hours Sleeping Altitude: 1780m
08 DAY	Hotel in Pokhara	Hike to Matque, Drive to Pokhara (827m) After a short hike to Matque, drive back to Pokhara. Spend your evening by the lakeside, enjoying the city's relaxed vibe. Trek Distance: 6 km Trek Duration: 1–2 hours Drive Duration: 3–4 hours Sleeping Altitude: 827m
9 DAY	Hotel in Kathmandu	Fly to Kathmandu (1,400m) Catch a morning flight back to Kathmandu. Spend the rest of the day exploring Swayambhunath, Durbar Square, or shopping for souvenirs. Flight Duration: 25 minutes Sleeping Altitude: 1400m
10 Day	-	Final Departure After breakfast, transfer to Tribhuvan International Airport. Depart with unforgettable memories of the mountains and warm Nepali hospitality.

Based on the above itinerary, please find below our special rates per person.

	Join Group	single supplement
Total in USD per person	\$ 675	\$75.00

ESSENTIALS

- | | |
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| <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Neck gaiter | <input type="checkbox"/> Sunglass |
| <input type="checkbox"/> Base layer top / Baselayer pant (Wool, Merino wool) | <input type="checkbox"/> Trekking pole |
| <input type="checkbox"/> Insulated layer (fleece) | <input type="checkbox"/> Water bottle/bladder |
| <input type="checkbox"/> T-shirt | <input type="checkbox"/> Toiletries |
| <input type="checkbox"/> Puffy Jacket | <input type="checkbox"/> Sunscreen SPF 30 / Lip balm |
| <input type="checkbox"/> Waterproof shell Jacket | <input type="checkbox"/> Protein bars and Snickers |
| <input type="checkbox"/> Trekking pant / half pant | <input type="checkbox"/> Iodine tablet to purify water |
| <input type="checkbox"/> Trekking shoes | <input type="checkbox"/> Headlight |
| <input type="checkbox"/> Wool socks | <input type="checkbox"/> Toilet paper and baby wipes |
| <input type="checkbox"/> Glove | <input type="checkbox"/> Hand sanitizer / Hand wash |
| <input type="checkbox"/> Towel (light) | <input type="checkbox"/> First aid kit |
| | <input type="checkbox"/> Take all the cash you need |

INCLUDING IN PACKAGE

- One government-certified and experienced English-speaking local guide for the entire trip.
- One porter shared between two clients to carry your main backpack (weight limit: 10 kg per trekker).
- An assistant guide will be provided if the group size exceeds six participants.
- Domestic flights: Kathmandu–Pokhara–Kathmandu.
- All necessary trekking permits.
- All local taxes, VAT, office service charges, and domestic airport taxes.
- Airport pick-up and drop-off.
- Accommodation during the trek on a twin/double-sharing basis (please note: better hotels and attached bathrooms may not be available in some trekking areas).
- Night accommodation in Kathmandu and Pokhara with breakfast.
- Complimentary use of a sleeping bag and duffle bag during the trek (to be returned after the trek).

EXCLUDING IN PACKAGE

- All bar bills and beverages, including soft drinks such as Coke, Fanta, and bottled mineral water.
- Personal travel insurance, internet usage, telephone calls, and laundry services.
- Expenses related to emergency rescue operations, if required.
- All meals throughout the trip.
- Gratuities and tips for guides and porters.
- Personal trekking equipment.
- Charges for hot showers, battery charging, and hot drinking water during the trek.

IMPORTANT NOTES

- The itinerary is flexible and may be modified according to the trekker's requirements and available time.
- Costs will be adjusted accordingly if the itinerary is changed or modified.
- Additional activities may be included upon the trekker's request, subject to applicable additional charges.
- Costs may also be influenced by weather conditions, political disturbances, or natural calamities.
- Costs may vary depending on the number of guides and porters required.
- For any changes or inquiries, please contact us via email, telephone, or messaging through Line or Facebook.
- Guides and porters customarily expect tips of USD 10 and USD 5 per day, respectively.
- We disclaim any liability for delays or cancellations of domestic flights.
- Great Himalayan Yatri Pvt. Ltd. shall not be held responsible for incidents arising from natural hazards.