

Langtang Valley Trek 10 Days 09 Nights

Highlights of Langtang Valley Trek

- The scenic drive from Kathmandu to Syabrubesi views astonishing landscapes, small settlements, rivers, terraces, and lush green forest.
- Majestic view of Langtang Ri, Langtang Lirung, Dorje Lakpa, Langshisha Ri, Langtang Himal, Ganesh Himal, and numerous gorgeous mountains
- Get a chance to explore the ethnic community of Tamang and their tradition, culture, and practices.
- Experience the rich and diverse biodiversity.
- Panoramic view of mountains from Tserko Ri and Kyanjin Ri including snow-capped mountains, valleys, and glaciers.
- Tibetan Buddhist culture and ancient Kyanjin monasteries correspond to Tibetan Buddhism.

| DATE MEAL | HOTEL | ITINERARY |
|--------------|-----------------------------|---|
| DAY 01 | Hotel in Kathmandu | Arrival at Tribhuvan International Airport. |
| DAY 02 | Tea House Shybru Besi | Drive to Shybru Besi by private jeep (1460m/5-6 hrs). |
| DAY 03 | Tea House Lama Hotel | Start trekking from Syabrubesi to Lama Hotel (2470m/5-6 hrs). |
| DAY 04 | Tea House, Langtang Village | Trek to Langtang Village (3430m/ 5-6 hrs). |
| DAY 05 | Tea House, Kyanjin Gompa | Trek to Kyanjin Gompa (3850m/4-5 hrs). |

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|--------|-------------------------------|--|
| DAY 06 | Tea House Kyanjin Gompa | Acclimatization Day. Hike to Kyanji Ri, Tsergo (Cherko)Ri. (5100 m) |
| DAY 07 | Tea House, Rimche | Trek from Kyanjin Gompa to Riverside. (5-6 hrs). |
| DAY 08 | Tea House, Mukharka | Trek to Syfru Besi. /5-6 hrs). |
| DAY 09 | Hotel in Kathmandu | Drive to Kathmandu. (6/7 hrs) |
| DAY 10 | | Final Departure. |

Based on the above itinerary please find below our special rates per person

| persons | 01 pax | 02 pax | 04 pax | 06 pax | 08 pax | single supplement |
|---------|----------|----------|----------|----------|----------|-------------------|
| Amount | \$595.00 | \$495.00 | \$465.00 | \$395.00 | \$395.00 | \$ 95.00 |

ESSENTIALS

1. Sleeping bag
2. Neck gaiter
3. Base layer top / Baselayer pant (Wool, Merino wool)
4. Insulated layer (fleece)
5. T-shirt
6. Puffy Jacket
7. Waterproof shell Jacket
8. Trekking pant / half pant
9. Trekking shoes
10. Wool socks
11. Glove
12. Towel (light)
13. Hat
14. Sunglass
15. Trekking pole
16. Water bottle/bladder
17. Toiletries
18. Sunscreen SPF 30 / Lip balm
19. Protein bars and snickers
20. Iodine tablet to purify water
21. Headlight
22. Toilet paper and baby wipes
23. Hand sanitizer / Hand wash
24. First aid kit
25. Take all the cash you need



HIMALAYAN
YATRI

INCLUDING IN PACKAGE: -

- One government certified and experienced English-speaking local for the whole trip.
- 1 Sharing Sherpa porter between 2 clients to carry your main pack (weight limit 25 kg for one porter).
- For 1 pax and 2 pax there will be a guide cum porter (weight limit 13 kg).
- An assistant guide if a group size of more than 6 participants in the trek.
- All transportation costs.
- All necessary trekking permits.
- All local tax, vat, office service charge,s and domestic airport taxes, etc.
- Airport pick up and drop with a/c.
- nights' accommodation during trek on twins/double sharing (*as much as better hotel and attached room are not available while trekking*).
- night accommodation at Kathmandu with breakfast.

EXCLUDING IN PACKAGE: -

- All the bar bills, beverages such as coke, fanta, mineral water.
- Personal travel insurance, internet, phone calls, and laundry service.
- Rescue operation charge in case of emergency.
- All Meals.
- Gratitude and tips for guides and porters.
- Trekking Equipment.
- Hot shower, battery charging, and hot water during trekking.

NOTES:

- The itinerary is changeable and modifiable as per the needs and the time frame of trekkers.
- Cost will be re-calculated if the itinerary is changed or modified.
- Additional activities may be added per the trekker's request with reasonable additional cost.
- The cost may also be affected due to weather, political disturbance, and natural calamities.
- The cost may also be affected due to the requirement of a number of guides and porters.
- For any kind of change please contact us by mail or call.
- Guide and porter will expect tips of \$10 and \$5 respectively per day.
- No booking is made yet, so the price is subject to change.